March 2017

Theme: Change your clock, change your batteries

Week 1 – Smoke alarms, change your clock, change your battery

Week 2 - Fire Safety for Children

Week 3 – Hoarding

Week 4 - Home Escape Plan

Events:

West Virginia Deaf Awareness Day at State Capitol Firefighter Day at Capitol

Educator Tip: Posters with your NFIRS data: Provide information on your community's most common types of fire calls and ways to avoid those situations. If you don't have your own data, you can use the statewide or national data. Make flyers available with tips on how to avoid these calls.

National Fire Service History:

- March 17, 1890 Bldg Collapse, IL (13 FFs Killed)
- March 4, 1908 School Fire Ohio (174 deaths)
- March 25, 1911 Triangle Shirtwaist Fire, NY (145 deaths)
- March 18, 1937 School Explosion, TX (296 Deaths)
- March 10, 1946 Strand Theater Fire, MA (13 FFs killed)
- March 26, 2014 Boston Brownstone Fire (2 FFs killed)

West Virginia Fire Service History:

Woolworth Fire, Charleston, WV March 4, 1949

In total, seven Charleston Firefighters lost their lives in the blaze. Those men are:

- Frank Miller
- Freddie Summers
- James Paul (Jiggs) Little
- T. Frank Sharp
- Richard McCormick
- George Coates
- Emory Pauley



Fifteen additional firefighters were injured, including two who were critically injured: Capt. Charles Clendenin, who was overcome by smoke inhalation, and Carl Wiblin, who suffered severe burns.

- March 24, 1910 Mount Hope, the entire town was devastated by the most disastrous fire in history, leaving hundreds homeless.
- March 24, 2012 Charleston, Arlington Ave. Six children, two adults killed in worst house fire in city's history.

NFPA Education Resources:

Daylight Savings Time begins Sunday, March 12 at 2 a.m., when we spring forward one hour for the purpose of making better use of daylight. As we set our clocks ahead, the National Fire Protection Association (NFPA) recommends testing your smoke alarms.



Roughly two-thirds of home fire deaths occur in homes with no smoke alarms or working smoke alarms. When smoke alarms should have worked but failed to operate, it is usually because batteries were missing, disconnected, or dead. NFPA provides the following guidelines around smoke alarms:

- Test smoke alarms at least once a month using the test button.
- Make sure everyone in the home understands the sound of the smoke alarm and knows how to respond.
- Replace all smoke alarms when they are 10 years old.
- Replace the smoke alarm immediately if it doesn't respond properly when tested.
- Smoke alarms with nonreplaceable (long-life) batteries are designed to remain effective for up to 10 years. If the alarm chirps, a warning that the battery is low, replace the entire smoke alarm right away.
- For smoke alarms with any other type of battery, replace batteries at least once a year. If the alarm chirps, replace only the battery.

Installing smoke alarms

- Choose smoke alarms that have the label of a recognized testing laboratory.
- Install smoke alarms inside each bedroom, outside each sleeping area and on every level of the home, including the basement.
- On levels without bedrooms, install alarms in the living room (or den or family room) or near the stairway to the upper level, or in both locations.

- Smoke alarms installed in the basement should be installed on the ceiling at the bottom of the stairs leading to the next level.
- Smoke alarms should be installed at least 10 feet (3 meters) from a cooking appliance to minimize false alarms when cooking.
- Mount smoke alarms high on walls or ceilings (remember, smoke rises). Wall-mounted alarms should be installed not more than 12 inches away from the ceiling (to the top of the alarm).
- If you have ceilings that are pitched, install the alarm within 3 feet of the peak but not within the apex of the peak (four inches down from the peak).
- Don't install smoke alarms near windows, doors, or ducts where drafts might interfere with their operation.
- Never paint smoke alarms. Paint, stickers, or other decorations could keep the alarms from working.
- For the best protection, interconnect all smoke alarms. When one smoke alarm sounds they all sound. Interconnection can be done using hard-wiring or wireless technology.
- When interconnected smoke alarms are installed, it is important that all of the alarms are from the same manufacturer. If the alarms are not compatible, they may not sound.
- There are two types of smoke alarms ionization and photoelectric. An ionization smoke alarm is generally more responsive to flaming fires, and a photoelectric smoke alarm is generally more responsive to smoldering fires. For the best protection, both types of alarms or combination ionization-photoelectric alarms, also known as dual sensor smoke alarms, are recommended.
- Keep manufacturer's instructions for reference.



Testing smoke alarms

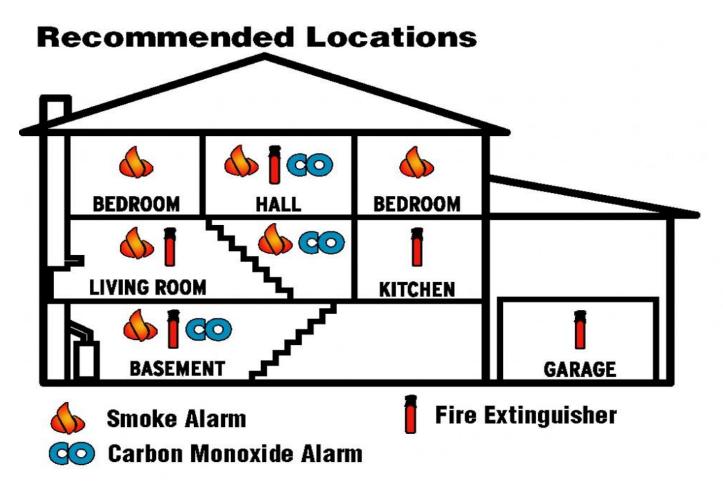
- Smoke alarms should be maintained according to manufacturer's instructions.
- Test smoke alarms at least once a month using the test button.
- Make sure everyone in the home understands the sound of the smoke alarm and knows how to respond.
- Follow manufacturer's instructions for cleaning to keep smoke alarms working well. The instructions are included in the package or can be found on the internet.
- Smoke alarms with non-replaceable 10-year batteries are designed to remain effective for up to 10 years. If the alarm chirps, warning that the battery is low, replace the entire smoke alarm right away.
- Smoke alarms with any other type of battery need a new battery at least once a year. If that alarm chirps, warning the battery is low, replace the battery right away.
- When replacing a battery, follow manufacturer's list of batteries on the back of the alarm or manufacturer's instructions. Manufacturer's instructions are specific to the batteries (brand and model) that must be used. The smoke alarm may not work properly if a different kind of battery is used.

Interconnected Smoke Alarms

In a Consumer Product Safety Commission (CPSC) survey of households with any fires, including fires in which the fire department was not called, interconnected smoke alarms were more likely to operate and alert occupants to a fire.1 People may know about a fire without hearing a smoke alarm.

- When smoke alarms (interconnected or not) were on all floors, they sounded in 37% of fires and alerted occupants in 15%.
- When smoke alarms were not on all floors, they sounded in only 4% of the fires and alerted occupants in only 2%.
- In homes that had interconnected smoke alarms, the alarms sounded in half (53%) of the fires and alerted people in one-quarter (26%) of the fires.

1 Michael A. Greene and Craig Andres. 2004-2005 National Sample Survey of Unreported Residential Fires. U.S. Consumer Product Safety Commission, July 2009.



Smoke Alarm Safety at Home

Smoke alarms are an important part of a home

fire escape plan. When there is a fire, smoke spreads fast. Working smoke alarms give you early warning so you can get outside quickly.

SAFETY TIPS

- INSTALL smoke alarms inside every bedroom, outside each sleeping area and on every level of the home, including the basement.
- Larger homes may need ADDITIONAL smoke alarms to provide enough protection.
- For the best protection, INTERCONNECT all smoke alarms so when one sounds they all sound.
- M An IONIZATION smoke alarm is generally more responsive to flaming fires and a PHOTOELECTRIC smoke alarm is generally more responsive to smoldering fires. For the best protection, both types of alarms or combination ionization and photoelectric alarms (also known as dual sensor alarms) are recommended.
- Smoke alarms should be INSTALLED away from the kitchen to prevent false alarms. Generally, they should be at least 10 feet (3 meters) from a cooking appliance.
- >>> REPLACE all smoke alarms when they are 10 years

old.

FACTS

- (!) Roughly two thirds of home fire deaths happen in homes with no smoke alarms or no working smoke alarms.
- (!) Working smoke alarms cut the risk of dying in reported home fires in half.

AND DON'T FORGET All smoke alarms should be tested at least once a month using the test button





Your Source for SAFETY Information www.nfpa.org/education NFPA NFPA Public Education Division • 1 Batterymarch Park, Quincy, MA 02169



Children and fire safety tips

- Young firesetters cause hundreds of deaths and injuries each year. Preschoolers and kindergartners are most likely to start these fires, typically by playing with matches and lighters, and are most likely to die in them.
- Children experience fire interest. They may ask questions such as how hot is fire or show an interest in fire through playing with fire trucks or cooking on a play stove. This is healthy, and it is time to begin educating about fire.
- Firestarting happens when children begin to experiment with fire using matches and lighters. Many fires happen when young children are left alone, even for a short period of time, and have access to matches and lighters. Parents must have clear rules and consequences about fire misuse.
- Grown-ups can help keep fire out of the hands of children.
- Store matches and lighters out of children's reach and sight, up high, preferably in a locked cabinet or container.
- Never leave matches or lighters in a bedroom or any place where children may go without supervision.
- Teach young children and school-age children to tell a grown-up if they see matches or lighters. Children need to understand that fire is difficult to control, it is fast and can hurt as soon as it touches you.
- A child with an interest in fire can lead to fire starting and result in repeated firesetting behavior.
- It is important for grown-ups to discourage unsupervised fire starts.
- Never use lighters or matches as a source of amusement for children; they may imitate you.

- Never assign a young child any tasks that involve the use of a lighter or matches (lighting candles, bringing a lighter to an adult to light a cigarette or the fireplace, etc.
- If your child expresses curiosity about fire or has been playing with fire, calmly but firmly explain that matches and lighters are tools for adults only.
- Use only lighters designed with child-resistant features.





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- Use only lighters designed with child-resistant features.
 Remember, child-resistant does not mean child-proof.



Your Source for SAFETY Information

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Important!

Children and fire are a deadly combination.
Some children play with fire out of curiosity, not realizing its danger.
Troubled children may set a fire as a way of acting out their anger, disappointment or frustration.

If you suspect your child is intentionally setting fires or unusually fascinated with fire, get help. Your local fire department, school, or community counseling agency can put you in touch with trained experts who know how to teach children about fire in an appropriate way.

Name of Organization Here

Contact Information Here



Hoarding And Fire Safety

Many fire departments are experiencing serious fires, injuries, and deaths as the result of
compulsive hoarding behavior. The excessive accumulation of materials in homes poses a
significant threat to firefighters fighting fires and responding to other emergencies in these homes
and to residents and neighbors. Often, the local fire department will be contacted to help deal with
this serious issue. Since studies suggest that between three and five percent of the population are
compulsive hoarders, fire departments must become familiar with this issue and how to
effectively handle it.

What is hoarding?

• Hoarding is defined as collecting or keeping large amounts of various items in the home due to strong urges to save them or distress experienced when discarding them. Many rooms in the home are so filled with possessions that residents can no longer use the rooms as designed. The home is so overloaded with things that everyday living is compromised.

Why do people become hoarders?

 Hoarding is a mental disorder that can be genetic in nature, triggered by traumatic events, or a symptom of another disorder, such as depression, obsessive compulsive disorder, or dementia.
 Studies have found that hoarding usually begins in early adolescence and gets worse as a person ages. It is more common among older adults.

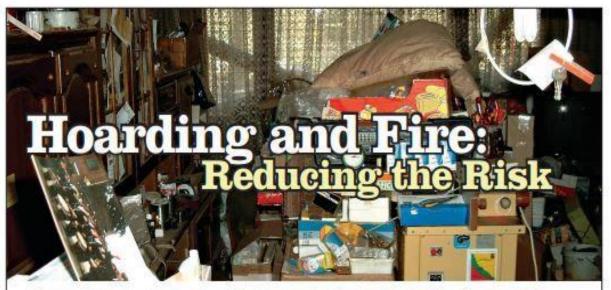
Why is hoarding an issue for the fire service?

Hoarding can be a fire hazard. Many occupants die in fires in these homes. Often, blocked exits
prevent escape from the home. In addition, many people who are hoarding are injured when they
trip over things or when materials fall on them.

- Responding firefighters can be put at risk due to obstructed exits, falling objects, and excessive fire loading that can lead to collapse. Hoarding makes fighting fires and searching for occupants far more difficult.
- Those living adjacent to an occupied structure can be quickly affected when a fire occurs, due to excessive smoke and fire conditions.

http://www.nfpa.org/public-education/by-topic/safety-in-the-home/hoarding-and-fire-safety





Do you have a person in your life who may be a hoarder? Hoarding is a condition where a person has persistent difficulty discarding personal possessions. The large amount of possessions fill the home and prevent the normal use of the space. Living space becomes cluttered. It may be unusable. Hoarding brings distress and emotional health concerns.

WHY HOARDING INCREASES FIRE RISKS

- Cooking is unsafe if flammable items are close to the stove or oven.
- Heating units may be too close to things that can burn. They might also be placed on unstable surfaces.
 If a heater tips over into a pile, it can cause a fire.
- Electrical wiring may be old or worn from the weight of piles. Pests could chew on wires. Damaged wires can start fires.
- Open flames from smoking materials or candles in a home with excess clutter are very dangerous.
- Blocked pathways and exits may hinder escape from a fire.

HOW HOARDING IMPACTS FIRST RESPONDERS

- Hoarding puts first responders in harm's way.
- Firefighters cannot move swiftly through a home filled with clutter.
- Responders can be trapped in a home when exits are blocked. They can be injured by objects falling from piles.
- The weight of the stored items, especially if water is added to put out a fire, can lead to building collapse.
- Fighting fires is very risky in a hoarding home. It is hard to enter the home to provide medical care.
 The clutter impedes the search and rescue of people and pets.



Your Source for SAFETY Information

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How Can You Help Reduce the Risk of Fire Injury

- When talking a person who hoards, focus on safety rather than the clutter. Be empathetic. Match the person's language. If they call it hoarding, then you can call it hoarding.
- Help the residents make a home safety and escape plan. Stress the importance of clear pathways and exits. Practice the plan often. Exit routes may change as new items are brought into the home.
- Install working smoke alarms in the home. Test them at least once a month.
- Reach out to community resources. Talk to members of the fire department to alert them of your concerns. They may be able to connect you with members of a hoarding task force for additional help.

Name of Organization Goes Here

Contact Information Goes Here



Home Escape Planning

Your ability to get out depends on advance warning from smoke alarms and advance planning.

- Pull together everyone in your household and make a plan. Walk through your home and inspect all
 possible exits and escape routes. Households with children should consider drawing a floor plan of
 your home, marking two ways out of each room, including windows and doors. Also, mark the
 location of each smoke alarm. For easy planning, download NFPA's escape planning grid (PDF, 1.1
 MB). This is a great way to get children involved in fire safety in a non-threatening way.
- A closed door may slow the spread of smoke, heat and fire. Install smoke alarms in every sleeping room, outside each sleeping area and on every level of the home. NFPA 72, National Fire Alarm Code® requires interconnected smoke alarms throughout the home. When one sounds, they all sound.
- Everyone in the household must understand the escape plan. When you walk through your plan, check to make sure the escape routes are clear and doors and windows can be opened easily.
- Choose an outside meeting place (i.e. neighbor's house, a light post, mailbox, or stop sign) a safe distance in front of your home where everyone can meet after they've escaped. Make sure to mark the location of the meeting place on your escape plan.
- Go outside to see if your street number is clearly visible from the road. If not, paint it on the curb or install house numbers to ensure that responding emergency personnel can find your home.
- Have everyone memorize the emergency phone number of the fire department. That way any member of the household can call from a neighbor's home or a cellular phone once safely outside.

- If there are infants, older adults, or family members with mobility limitations, make sure that someone is assigned to assist them in the fire drill and in the event of an emergency. Assign a backup person too, in case the designee is not home during the emergency.
- If windows or doors in your home have security bars, make sure that the bars have emergency release devices inside so that they can be opened immediately in an emergency. Emergency release devices won't compromise your security but they will increase your chances of safely escaping a home fire.
- Tell guests or visitors to your home about your family's fire escape plan. When staying overnight at other people's homes, ask about their escape plan. If they don't have a plan in place, offer to help them make one. This is especially important when children are permitted to attend "sleepovers" at friends' homes. See NFPA's "Sleepover fire safety for kids" fact sheet.
- Be fully prepared for a real fire: when a smoke alarm sounds, get out immediately. Residents of high-rise and apartment buildings may be safer "defending in place."
- Once you're out, stay out! Under no circumstances should you ever go back into a burning building. If someone is missing, inform the fire department dispatcher when you call. Firefighters have the skills and equipment to perform rescues.
- Practice your home fire escape plan twice a year, making the drill as realistic as possible.
- Make arrangements in your plan for anyone in your home who has a disability.
- Allow children to master fire escape planning and practice before holding a fire drill at night when they are sleeping. The objective is to practice, not to frighten, so telling children there will be a drill before they go to bed can be as effective as a surprise drill.
- It's important to determine during the drill whether children and others can readily waken to the sound of the smoke alarm. If they fail to awaken, make sure that someone is assigned to wake them up as part of the drill and in a real emergency situation.
- If your home has two floors, every family member (including children) must be able to escape from the second floor rooms. Escape ladders can be placed in or near windows to provide an additional escape route. Review the manufacturer's instructions carefully so you'll be able to use a safety ladder in an emergency. Practice setting up the ladder from a first floor window to make sure you can do it correctly and quickly. Children should only practice with a grown-up, and only from a first-story window. Store the ladder near the window, in an easily accessible location. You don't want to have to search for it during a fire.
- Always choose the escape route that is safest the one with the least amount of smoke and heat –
 but be prepared to escape under toxic smoke if necessary. When you do your fire drill, everyone in
 the family should practice getting low and going under the smoke to your exit.

- Closing doors on your way out slows the spread of fire, giving you more time to safely escape.
- In some cases, smoke or fire may prevent you from exiting your home or apartment building. To prepare for an emergency like this, practice "sealing yourself in for safety" as part of your home fire escape plan. Close all doors between you and the fire. Use duct tape or towels to seal the door cracks and cover air vents to keep smoke from coming in. If possible, open your windows at the top and bottom so fresh air can get in. Call the fire department to report your exact location. Wave a flashlight or light-colored cloth at the window to let the fire department know where you are located.

http://www.nfpa.org/public-education/by-topic/safety-in-the-home/escape-planning/basic-fire-escape-planning

